



Indian Society of Chronomedicine

Ambulatory Blood Pressure Monitoring and Application Workshop

9 March 2019

Kalam Center, King Georges Medical University, Lucknow 226003



Why is this workshop Valuable?

Ambulatory blood pressure monitoring provides multiple readings of circadian pattern of cardiovascular system. Considering the extent of hour to hour and day to day variability in blood pressure, ABPM is useful to Detect blood pressure over swinging patterns, or circadian hyper amplitude tension (CHAT). Recently, the United States Preventive Services Task Force (USPSTF) issued a recommendation that prior to making a new diagnosis of hypertension, out of office BP measurement should be used to confirm, with ABPM being the preferred method. The value of ABPM depends on obtaining quality data and interpreting it correctly. Additionally, there is a lot of practical information one has to learn prior to implementing ABPM. Our ABPM workshop will insure that clinicians have the opportunity to be appropriately equipped to provide this valuable service.

Who will Benefit from this workshop?

Our primary audience is clinicians who would like to implement ambulatory BP monitoring in their practice for the diagnosis and management of hypertension. Other audiences include nurses or other health care providers (e.g. nurse practitioners) who will be responsible for logistics of ABPM in the practices. Researchers interested in using ABPM will also benefit from the practical information provided in this workshop.

How will the workshop work?

This will be a one day workshop on principles and implementation of ABPM. Morning sessions will be followed by a hands-on segment in the afternoon. The aim of the workshop is to equip clinicians with the knowledge and skills necessary to implement ABPM in their practice. Attendees will also have the opportunity to interact with ABPM manufacturers. Workshop content will include:

- Review of the Evidence for ABPM
- Clinical Uses of ABPM
- Challenges in Using ABPM
- Pitfalls and Practical Aspects
- Monitors, Software, and Protocols

Registration and breakfast will begin at 8:00 AM, workshop will begin at 9:00 and will conclude at 4:30 PM.

Faculty

The physician-founders are strong proponents of the value of ABPM to clinicians and patients alike. They created this workshop in order to give clinicians around the country an opportunity to gain hands-on experience with this important tool and learn how to effectively implement the service in their practices.

The workshops director is Dr. Narsingh Verma. Dr Verma is also certified as Clinical Hypertension Specialists in the field of hypertension and ambulatory BP monitoring. Workshop Coordinators are, Dr Arun Geol Associate Professor AIIMS Rishikesh, Dr Manish Goel Associate Professor AIIMS Bhubaneswar, Dr Shipra Bhardwaj RMLIMS Lucknow, Dr Manu Anjum SGPGIMS Lucknow and few Experts from the Industry. Together, team has more than 10 years of ambulatory BP monitoring sessions

Where will the workshop be held?

Workshop will be held at Kalam center King Georges medical university Lucknow on 9 March 2019

How much will the workshop cost?

Early Bird Registration (ends 20/02/19): **1000 Rs Only**

Regular Registration (closes 8/3/19): **1500 Rs Only**

On spot registration **1800 Rs Only**

Registration fee includes Kit, breakfast, lunch and breaks

TO REGISTER LOG ON WWW.ISCHRONO.ORG

Name & Designation:

Address:

Email:

Mobile:

Registration Charges

Type of Registration	Early Registration	Late registration	On Spot
Delegates	1000 INR	1500 INR	1800 INR

- Registration + Breakfasts, Lunch
- Log on to www.ischronology.org for Online Registration is the fastest and easy option that allows you to register.

PAYMENT METHODS

- Proceed by doing registration here, Make payment using ONLINE TRANSACTION to following details.

Name of the Bank: Allahabad Bank
 Bank Account Number: 50292923498
 Branch Code: 211028
 MICR Code: 226010013
 IFSC Code: ALLA0211028 (used for RTGS and NEFT transactions)
 Address of Bank : K G Medical College Training, Lucknow

Offline Mode :

Payment to be made by DD in favor of Indian society of chronomedicine, payable at Lucknow and sent to -
 Indian society of Chronomedicine secretariat
 Prof NS Verma
 Department of Physiology KG's Medical University
 Lucknow 226003
Email id : narsinghverma@gmail.com, ischronomedicine@gmail.com
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