



INDIAN SOCIETY OF CHRONOMEDICINE

Department of Physiology, King George Medical University

Under Societies of Registration Act, 2/1860, Registration No 1-176904

Scientific Program of Mid Term meeting of Indian Society of Chronomedicine

Rhythm 2021

Date 26th March 2021

Plenary session 1

Coordinator Anjali Singh

Chairpersons Prof Narsingh Verma, Prof Sunita Tiwari

11.00: AM Effect of Light Pollution on Metabolic Diseases

Speaker: Prof OM Kumari Gupta

11.30: AM Role of Circadian timing System in clinical oncology

Speaker: Dr. Shipra Bhardwaj

12.00 Noon Circadian Regulation of Metabolism in health and disease

Speaker: Prof Neelu Jain Gupta

Plenary Session 2

Coordinator Indrashish Mukharjee

Chairpersons: Prof Om Kumari Gupta, Prof Neelu Jain Gupta

12.30 PM Why Blood Pressure variability is important

Speaker: Dr. Abhishek Arun

1.00 PM How to measure Blood Pressure Variability

Speaker: Prof Anuj Maheshwari

1.30 PM HRV a Mirror of Autonomic Regulation

Speaker: Dr Alope Kumar Gupta

2.00 PM Choosing the Right Drugs to reduce blood Pressure variability

Speaker: Dr. Ajoy Tiwari

Plenary session 3

Coordinator Dr. VandanaAwasthi

Chairpersons Dr. Manoj Kumar Srivastava

2.30 AM: Debate: ACEI are the first choice in managing Hypertension with Diabetes

For the motion **Dr. KP Chandra**

Against the motion **Dr. Sandeep Bhattacharya**

Plenary Session 4

Panel Discussion on Chrono Nutrition

Moderator Prof Narsingh Verma

Speaker Dr. Mukund Sabnis

Panelists **Dr. Deepti Patgonkar**

Dr. Rahul Bade

Dr. Sangeeta Dshpande

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